



"No matter how complex or unfamiliar my challenges were, Cécile was able to guide me through them with such expertise."

ABOUT

CÉCILE JENKINS

For the last two decades, Cécile has worked with a wide range of organisations and businesses.

These have been businesses across various sectors, including management consulting, higher education, health and social care, housing, defence and retail. Her primary focus has been supporting leaders in effectively communicating with their teams, particularly during periods of significant change. She has always been driven by a deep passion for fostering workforce engagement, enhancing productivity, and cultivating a robust organizational culture. Since then she has fully dedicated herself to helping people navigate critical junctures in their careers, such as transitioning to new roles, securing seemingly unattainable promotions, managing transformative changes on personal or professional levels, or generally overcoming obstacles that hinder their progress in their career, job or life.

Since 2021, she has been the proud owner of Working Life, her own coaching company. Specialising in supporting people with their work and life challenges, her role as a coach is focused on helping people get clarity and focus, energy and motivation and get them to where they want to be – helping them get to their most ambitious goals.

Through Working Life, she has had the opportunity to coach individuals from various renowned companies, including a top-three global coffee company, one of the top five management consulting firms, energy companies, biopharma, and independent entrepreneurs. She is highly adaptable in her approach and collaborates closely with clients to ensure the best possible outcomes for their specific needs and goals.



EXPERTISE & EXPERIENCE

CÉCILE JENKINS

Leadership Coaching

Working with leaders of teams, helping them connect with their goals and aspirations for their divisions, business units, teams and people, and how to make those goals happen through their people. Often reflecting on how to build motivation in teams, how to engage team members or key people who are drifting and how to lead authentically and effectively.

Career Coaching

Working with senior and mid managers and leaders as they navigate the next steps in their careers. Looking to their next employer, or next role or board position within their current organisation. Focusing on deeper questions like ideal next career move, work life balance and strategic career planning.

Executive Coaching

Providing a safe space for executives to express thoughts and concerns that are difficult to share elsewhere, and empowering them to conquer their personal challenges and obstacles, thereby restoring their confidence to engage with their teams, the organisation, and the world once more.

Life Coaching

Through active listening, powerful questioning, and providing support and accountability, guiding clients in unlocking their potential, overcoming obstacles, and creating a more fulfilling and balanced life

QUALIFICATIONS

- Professional Certificate of Executive Coaching Programme - Henley Business School
- Certificate of Compassionate (non-violent) Communication - with Bart Landstra
- Certificate of Coaching Learning, Leadership and Change - Case Western Reserve University
- Certificate of Counselling Level 2 - New College Swindon
- Level 3 Introductory Certificate in Management - Chartered Management Institute
- Psychology of Leadership Certificate - Cornell University
- PhD in Linguistic Science - University of Reading
- MA Cum Laude in English Language and Literature - Utrecht University

"Cécile has a unique blend of positive psychology, business and communication. She instils trust at every interaction and makes a huge difference by being present in the moment for you with each and every cell she has."

Cécile lives with her husband, two teenage children - two retrievers and a most affectionate rescue cat - in a quiet village in Gloucestershire.

